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| 0 | No contraction of muscles detected. |
| 1 | Trace contraction. May only be detected by palpation of muscle. |
| 2 | Muscle can actively be contracted and moved when gravity is eliminated. |
| 3 | Patient can overcome gravity but no resistance from examiner. |
| 4 | Patient has some strength against resistance from examiner. |
| 5 | Normal muscle strength with full resistance against examiner. |